

Instructions for Care After an Angiogram

You had these drugs for pain and/or relaxation:

_____ Fentanyl
_____ Versed

This sheet will tell you how to take care of yourself when you get home.

Activities

Go home and rest. Do not drive, use machinery or power tools, do any heavy lifting, or make any important decisions for 24 hours. You may return to your normal activities tomorrow.

Diet

You may return to your normal diet. Drink extra fluids today (6- 8 glasses). This will help your body get rid of the contrast (dye) used during your angiogram. Avoid alcoholic beverages.

Possible Problems

If the puncture site starts to bleed, lie flat and put direct pressure on the site for 15 minutes. If the bleeding does not stop, apply pressure and call 911. Ask the ambulance driver to take you to the nearest emergency room. Tell them that you had an angiogram.

Report to the Radiology Department, your doctor, or the closest emergency room, if you:

- Develop a rapid pulse (greater than 100 beats a minute)
- Sweat a lot
- Feel faint
- Feel weak
- Have a sudden increase in pain, swelling, or bleeding at the puncture site
- Have a temperature of 101° or higher
- Develop upper back or chest pain, or shortness of breath

You may develop a bruise at the puncture site. This should go away after seven to ten days. You should not have severe pain or redness at the site.

If you have any problems or questions after you get home, call your doctor ***or*** the Radiology Department at (612) 467-2950 and ask for the cardiovascular radiologist or neuro-radiologist ***or*** Urgent Care at (612) 467-2771.

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